**RED WINE AND BALSAMIC SALAD DRESSING**

**Ingredients:**

**2 TBS Olive oil**

**2 TBS Red wine vinegar**

**2 TBS White or Regular Balsamic vinegar**

**2 TBS Water**

**½ TSP Red pepper flakes**

**1/8 TSP Garlic powder or finely chopped garlic**

**1/8 TSP Black pepper**

**1/8 TSP Onion powder or finely chopped onion**

**Pinch of Salt (optional)**

**Mix all ingredients together**

**Tip: Use a Mason jar and shake ingredients**

**All spices are optional and to taste**

**Makes 2 servings (each serving 1 gram of carbs)**